13TH ANNUAL • 2026

FONSECA CUP

TOURNAMENT SCHEDULE

Saturday, October 24, 2026

Adversity Volleyball Center • Wood Dale, IL

Please arrive one hour before your division starts.

For AAU rules divisions, Kata and Kumite run back to back.

FMA Elite rules divisions are Kumite only.

● AAU Rules ● FMA Elite Rules (Kumite only)

DIVISION	START
● All Little Dragons	9:00 AM
● Age 35+	9:00 AM
● All Team Kata (minus Unified)	9:00 AM
● KIAI Divisions + Unified Team Kata (Para-Karate)	9:00 AM
● Age 5–6 (non-Little Dragons)	9:30 AM
● Ages 18+ FMA Elite Rules	10:00 AM
● KickOut PD (Karate for Parkinson's) Demo	10:00 AM
● Age 7	10:00 AM
● Age 8	10:00 AM
● Age 9	10:00 AM
● Ages 16–17 FMA Elite Rules	11:00 AM
● Ages 10–11	11:00 AM
● Ages 14–15 FMA Elite Rules	11:30 AM
● Ages 12–13 FMA Elite Rules	12:00 PM
● Ages 18–34	12:00 PM
● Ages 10–11 FMA Elite Rules	1:00 PM
● Ages 14–17	1:00 PM
● Ages 12–13	1:00 PM
● Ultimate Rotational Kumite	2:00 PM

APPROXIMATE START TIMES

All division times are approximate and generalized. Please check Uventex on the day of the event for more accurate estimations for your specific division. Fonseca Cup reserves the right to change times and divisions at any point based on registration numbers.